

**NHS****Bedfordshire Hospitals**
NHS Foundation Trust

Self-refer for antenatal care as soon as you find out you are pregnant

Register for antenatal care as soon as you find out you are pregnant so we can start planning your pregnancy and offer you the best care possible.

We would like to see all women before 10 weeks of pregnancy.

Please scan the QR code below and follow these steps.

1. Choose your hospital preference

Refer to Bedford Hospital >	or	Refer to Luton and Dunstable University Hospital >
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2. Complete the form and click send - That's it!



Your Community Midwife will then be in touch for your first booking appointment!

Alternatively, you can visit www.bedfordshirehospitals.nhs.uk and navigate to "services" then select "Maternity (Obstetrics)" and click on the "self-referral to maternity services" tab.

Or If you don't have access to the web you can call:-

Bedford Maternity reception - **01234 795747** (08.00 – 16.00)

L&D Maternity reception - **01582 497020** (08.00 – 16.00)

Translation, hearing and sight impairment services available on the website www.bedfordshirehospitals.nhs.uk via the accessibility tool

